



WESTON INDOOR SPORTS JUNIOR REBOUND SOCCER OPTIONAL PRE-SEASON TRAINING

Get ready for the 2020-21 Rebound Soccer season

Your training options include:

1. Attend training provided by our in-house coaches

Group training for individuals and teams (\$30 per child for 3 sessions)

4:45pm Wednesday 14th Oct, 21st Oct and 28th Oct

Sessions must be pre-booked

(Other dates available upon request for groups of 6 or more)

These sessions are suitable for ages 5 to 12 and cover.....

- Ball skills
- Attacking/defending
- Moving with the ball
- Teamwork
- Rebound strategies

Training registration forms are available at **westonis.com.au** or pick one up at Weston Indoor Sports - 45 Liardet St Weston. Lodge your training registration form:

- In person at Weston Indoor Sports or
- By email to soccer@westonis.com.au

2. Book a court and run your own team training

(\$5 per child, min - \$30 per team per booking), bibs and training balls included. Send us an email to soccer@westonis.com.au with your details and preferred training times or call (02) 6288 0444

For further information contact: Brett/Con/Tony
at soccer@westonis.com.au, or call (02) 6288 0444